



# Murray Edwards College Gym Application Form

## Your details

title

first name

last name

date of birth

crs id (the letters & digits before @cam.ac.uk)

## Your contact details

primary contact number

secondary contact number

## Your emergency contact details

emergency contact name

primary contact number

## Your doctor's details

GP surgery (and name if known)

## Which gym membership are you applying for?

single term membership

full year membership

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payment received

card activated

porter sign-off

date of induction

inducting coach sign-off



# Your medical history

please note: this form is strictly confidential. The information will be used only for the purposes of your gym induction and will be stored securely at Core Cambridge. These details will NOT be seen or accessible by any member of the college staff except where required by a court of law.

have you ever had any of the following? (please tick all that apply)

- |                            |                          |                               |                          |                                   |                          |
|----------------------------|--------------------------|-------------------------------|--------------------------|-----------------------------------|--------------------------|
| Heart Problems             | <input type="checkbox"/> | Blackouts                     | <input type="checkbox"/> | Neck Injuries                     | <input type="checkbox"/> |
| Diabetes                   | <input type="checkbox"/> | Chest Disorders (e.g. Asthma) | <input type="checkbox"/> | Back Injuries                     | <input type="checkbox"/> |
| High or Low Blood Pressure | <input type="checkbox"/> | Broken Bones                  | <input type="checkbox"/> | Recurrent Problems                | <input type="checkbox"/> |
| Epilepsy                   | <input type="checkbox"/> | Operations                    | <input type="checkbox"/> | Are you a smoker?                 | <input type="checkbox"/> |
| Thyroid Problems           | <input type="checkbox"/> | Rheumatoid Arthritis          | <input type="checkbox"/> | If YES, approx. how many per day? | <input type="checkbox"/> |

does your family have a history of any of the following? (please tick all that apply)

- |               |                          |        |                          |        |                          |
|---------------|--------------------------|--------|--------------------------|--------|--------------------------|
| Heart Disease | <input type="checkbox"/> | Cancer | <input type="checkbox"/> | Stroke | <input type="checkbox"/> |
|---------------|--------------------------|--------|--------------------------|--------|--------------------------|

Please list any medication that you are currently taking

Please list any other relevant allergies/ conditions/ medical conditions

please tick appropriately to indicate 'YES' in answer to any of the following questions:

- |  |                          |
|--|--------------------------|
| Do you ever feel pain in your chest when you do physical activity?             | <input type="checkbox"/> |
| Have you ever had chest pain when you were not doing physical activity?        | <input type="checkbox"/> |
| Do you ever feel faint or have spells of dizziness?                            | <input type="checkbox"/> |
| Are you pregnant or have you had a baby in the last six months?                | <input type="checkbox"/> |
| Is there any other reason why you should not participate in physical activity? | <input type="checkbox"/> |

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Blood Pressure Reading

Systolic

Diastolic

# Terms and conditions

## INTRODUCTION

The following Terms and Conditions set out the terms of your membership of the college gym and set out our responsibilities to one another in respect of your membership. You must agree to comply with the terms contained in this document at all times.

## DEFINITIONS

In these Terms and Conditions the following terms have the following meanings: "Application Forms" means our Gym Application Form, the Pre-exercise Questionnaire and these Terms and Conditions; "Gym" means the college gym premises including the car parking facilities; "College" "us" "we" and "our" means Murray Edwards college, whose registered office is at Huntingdon Road, Cambridge, CB3 0DF; "Fees" means any and all fees charged by us to make use of the gym; "Manager" and "Management" means a member of the college management team; "You" and "your" means those people who complete and sign the Application Forms and are accepted as Members by us. "Terms and Conditions" means the terms and conditions set out below (which may be amended from time to time) together with the Application Forms and any other rules which may apply by law; and "VAT" means value added tax.

## MemberSHIP

It is at the absolute discretion of the Management of the college to decide who can become a Member. In order to become a Member, you must complete the Member Application Form and pay the Fees. Only Members may use the facilities and services at the Gym.

## USAGE OF THE GYM

You must complete the pre-exercise questionnaire and undertake an induction session before using any facility of the gym. Certain medical conditions may mean that you require a medical referral letter before we can allow you to use our facilities.

You may not use any of our facilities whilst knowingly suffering from any infection or contagious illness that could affect others within the Gym.

You must wear appropriate clothes and indoor shoes in the Gym. You will be asked to remove any outdoor shoes that are soiled.

We reserve the right to refuse admission to the Gym or to ask you to leave the Gym if we reasonably believe that you have or will: abuse the equipment or facilities of the Gym (you will be required to pay for any damage to college property); behave in a violent or rude way or in a way that offends, distresses or annoys anyone else in the Gym; smoke in any part of the Gym; bring alcoholic drinks, drugs or other mood-altering substances into the Gym; use the Gym whilst under the influence of alcohol, narcotics or any mood-altering substances.

We reserve the right to close the Gym or areas of the Gym from time to time at our discretion e.g. for maintenance repairs, refurbishment, cleaning or local emergencies.

We reserve the right to vary the opening hours of the Gym by giving you as much notice as is reasonably practicable.

## LIABILITY

Students are reminded to take care of their personal belongings at all times whilst using the gym.

The college, our employees, agents or sub-contractors will not be liable to you for any loss, damage or theft of any property brought into the Gym. The gym is unsupervised and we accept no responsibility for any harm or injury to you while using them unless caused by our employees, agents, subcontractors or our negligent act or omission.

You must follow the reasonable direction of our staff at all times, failure to do so may cause harm or injury for which we will not be liable.

Notwithstanding any other provisions of these Terms and Conditions, we do not exclude or limit our liability for death or personal injury caused by our negligence or for fraud or in respect of any other liability arising out of or in connection with these Terms and Conditions which cannot be excluded or restricted by law.

## FEES

Our Fees are subject to change at any time. Our Fees are subject to VAT at the prevailing rate. If the VAT rate is increased, we reserve the right to increase our fees and charges in accordance with the new standard VAT rate.

## INDUCTION CANCELLATION

If you need to cancel an induction session, please notify porters lodge as soon as possible after you become aware of the need to cancel.

All cancellations must be received at least 24 hours before your appointment time in order to avoid being charged for your session. If you cancel within 24 hours of the appointment start time you will be charged a fee of £5 to attend another induction session.

In cases of cancellation due to an illness or emergency, whether or not the session is charged shall be at the sole discretion of the Manager.

If you are ill, we expect you to let us know as soon as possible in the morning of the same day; if there is an emergency we expect as much notice as possible. We reserve the right to request a doctor's note confirming that attendance was not permitted.

## MISCELLANEOUS

Our failure to enforce any of our rights at any time, for any period and for whatever reason will not be construed as a waiver of such rights, neither will any failure to identify or act upon your breach of these Terms and Conditions be deemed to be an affirmation by us that your behaviour is acceptable.

Where a provision of these Terms and Conditions is deemed to be invalid or unenforceable by any English Court, the provision will be deleted but such deletion will not affect the validity and enforceability of the remaining provisions.

Written notices that are required to be given by the college shall be distributed to you by the staff member upon your next visit, and by displaying a notice in the reception area.

English law shall apply to these Terms and Conditions and the English Courts shall have exclusive jurisdiction to deal with any disputes arising in relation to them.

In signing below you confirm that the information that you have given on this form is complete and correct to the best of your knowledge, and that you have read and agree to the terms and conditions above.

your signature