

MURRAY EDWARDS COLLEGE

Key information for Self-Isolation Supporters (SIS)

Porters' Lodge – 01223 762100; porters@murrayedwards.cam.ac.uk

College Nurse – 01223 763329

Tutorial Office – 01223 762232; tutorial@murrayedwards.cam.ac.uk

NHS111 – just dial 111

1. **Thank you very much indeed** for agreeing to act as a Self-Isolation Supporter (SIS). We are very grateful for your assistance and support in helping to manage the College's response to COVID-19. Your role as a SIS is to support the student while they are confined to their household, with delivering food or other necessities during their confinement.
2. If you need directions to your friend's household, please ask at the Porters' Lodge and explain that you are helping with self-isolation support.
3. Please do **not enter** a self-isolating student's household or room or converse with them in-person.
4. Before approaching the doorway to a self-isolating household's corridor, you must wash and dry your hands (or use sanitiser gel) thoroughly, for 20 seconds. On leaving you should do the same.
5. Deliveries should be made and left outside the closed door of your friend's 'household'/corridor. Please ask the Porters' Lodge for directions to the household outer door. Please alert your friend(s) when you are on your way to leave the delivery, so they are ready to step outside to collect it once you have gone.
6. Please let the [Senior Tutor](#) and the [Deputy Senior Tutor](#) know if you have any concerns about the student you are supporting.
7. If your role as a SIS is having an emotional impact on you, please discuss this with your Tutor or College Nurse.

Many thanks!

Paola

Deputy Senior Tutor

Paola.filippucci@murrayedwards.cam.ac.uk

OTHER KEY CONTACTS

Porters Lodge: 01223 762100; porters@murrayedwards.cam.ac.uk

College Nurse: 01223 763329; nurse@murrayedwards.cam.ac.uk

Tutorial office: 01223 762203; tutorial@murrayedwards.cam.ac.uk

NHS111 – call 111

Emergency – 999